

PRIX FOSFOM

A l'occasion de la fin d'année de formation des boursiers FOSFOM, une cérémonie a été organisée au Musée de la Médecine afin de leur remettre leur certificat universitaire de formation médicale spécialisée.

Le Dr Hamza Retal (Université de Rabat), qui a récemment terminé son stage au CHU HELORA - Hôpital de La Louvière (site Jolimont), a reçu le Prix FOSFOM, qui vise à récompenser un.e étudiant.e FOSFOM (Fonds de Soutien à la Formation Médicale) qui a fait preuve d'une réelle volonté d'intégration dans son hôpital de stages tant au plan médical que relationnel.

Cette distinction récompense son parcours remarquable au sein du Service de Radiologie, où il a fait preuve d'une grande rigueur et d'un professionnalisme apprécié par l'ensemble de l'équipe. Reconnu pour sa maîtrise technique et sa capacité à interpréter des examens radiologiques complexes, le Dr Retal s'est aussi investi dans la formation continue et les projets de recherche. Son engagement envers les patients et sa contribution active au service font de lui un lauréat méritant. Ce prix vient couronner une année de stage marquée par une implication constante et un véritable esprit d'équipe.



PARKINSON, ADDICTION, AUTISME... UNE NOUVELLE DÉCOUVERTE POUR LES TROUBLES PSYCHIATRIQUES ET MOTEURS

Des chercheurs du *Neurophy Lab*, en collaboration avec *McGill University*, ont identifié une nouvelle population de neurones qui joue un rôle central dans le fonctionnement du striatum et le contrôle moteur. Cette étude, publiée dans *Nature Neuroscience*, pourrait avoir des implications importantes pour la compréhension de troubles psychiatriques tels que l'addiction, l'autisme, la schizophrénie, le TDAH, ainsi que des troubles moteurs comme ceux liés à la maladie de Parkinson.

La dopamine, un neurotransmetteur clé dans le contrôle de la motricité et du système de récompense, agit sur deux principales populations de neurones du striatum : ceux possédant les récepteurs D1, qui activent les neurones, et ceux avec des récepteurs D2, qui les inhibent. Cependant, une troisième population de neurones, moins abondante et exprimant à la fois les récepteurs D1 et D2, a été mise en évidence dans cette recherche. Jusqu'à présent, leur rôle demeurait largement inconnu.

Dans cette étude, Alban de Kerchove d'Exaerde, directeur de recherche FRS-FNRS et investigateur du *WEL Research Institute*, et ses co-premiers auteurs Patricia Bonnavion, chercheuse qualifiée FNRS et Christophe Varin, collaborateur scientifique FNRS - *Neurophy Lab*, Faculté de Médecine - en collaboration avec une équipe du *Douglas Institute* de *McGill University*, ont utilisé des outils génétiques innovants pour cibler spécifiquement cette troisième population et en comprendre les fonctions et rôles dans la physiologie du striatum et le contrôle moteur.

Ces neurones, bien que minoritaires, jouent un rôle crucial dans l'équilibre du striatum. Ils interviennent à la fois dans le contrôle moteur normal et dans la régulation de l'hyperactivité causée par les drogues psychostimulantes.

Les résultats de cette étude montrent que ces neurones constituent une nouvelle voie essentielle dans la physiologie du striatum. Leur dysfonctionnement pourrait accroître la susceptibilité à divers troubles psychiatriques comme l'addiction ou l'autisme, mais également influencer les symptômes moteurs de la maladie de Parkinson. Cette découverte ouvre des perspectives prometteuses pour mieux comprendre ces pathologies et leurs mécanismes sous-jacents.

(Source : ULB Actus).

LA RÉALITÉ VIRTUELLE POUR TRAITER LES TROUBLES DE L'ÉQUILIBRE

La réalité virtuelle pourrait avoir une application thérapeutique concrète pour traiter certains troubles de l'équilibre, notamment chez les personnes âgées. Une étude a été menée par le Pr Stéphane Baudry, directeur du LABNeuro de la Faculté des Sciences de la Motricité et membre de l'Institut des Neurosciences de l'ULB.

Notre population vieillit, ce qui pose de nombreux problèmes autour des soins de santé des seniors. Un de ces problèmes est le fait que les seniors montrent un risque élevé de chutes, nécessitant par la suite une rééducation fonctionnelle de leur motricité. Comment la réalité virtuelle peut donc venir en aide à nos seniors, alors qu'un tel environnement virtuel crée de véritables défis pour notre équilibre en générant des conflits sensoriels ? L'équipe du Prof. Baudry nous explique cette apparente antinomie dans sa dernière publication dans la revue *Human Movement Science* : « *c'est justement parce que la réalité virtuelle crée des défis sur le contrôle de la posture que ça en fait un outil potentiellement intéressant pour augmenter la capacité d'équilibre des patients* ».

Partant de ce postulat, Stéphane Baudry et ses chercheurs, Christophe Barbanchon et Dominique Mouraux, ont étudié, sur 55 jeunes adultes, les effets d'une exposition répétée à un environnement virtuel simulant des déplacements. Ceci a mis en évidence une amélioration du contrôle de l'équilibre, car les participants s'appuient moins sur leur système visuel pour contrôler leur posture au profit d'autres processus, sensoriels et moteurs, propres au contrôle de la station debout. Surtout cette amélioration ne se fait pas uniquement dans l'environnement virtuel, mais aussi dans un environnement réel ; point crucial qui supporte l'idée que la réalité virtuelle pourrait être un outil d'amélioration des capacités d'équilibre dans les activités de la vie quotidienne.

En plus d'un rôle majeur dans la rééducation motrice, la réalité virtuelle pourrait également avoir un usage préventif. Christophe Barbanchon, premier auteur de l'étude, explique : « *comme le vieillissement s'accompagne d'une diminution du contrôle postural et d'une plus grande utilisation des informations visuelles pour assurer ce dernier, l'exposition répétée à la réalité virtuelle pourrait minimiser les effets du vieillissement sur l'équilibre et ainsi diminuer le risque de chute* ». Ce qu'appuie Stéphane Baudry : *Nous avons déjà initié un nouveau projet de recherche visant à tester les effets de la réalité virtuelle chez les seniors* ».

La réalité virtuelle va donc entrer dans nos vies bien au-delà de l'aspect ludique auquel elle est souvent réduite.

L'étude est publiée dans le numéro d'août 2024 de la prestigieuse revue *Human Movement Science*.

(Source : ULB Actus).

LA MÉCONNAISSANCE DU REFLUX LARYNGOPHARYNGÉ (RLP) POURRAIT COÛTER JUSQU'À 1 MILLIARD D'EUROS PAR AN À LA SÉCURITÉ SOCIALE BELGE

Une étude récente menée par le Dr Jérôme Lechien du Centre hospitalier EpiCURA, en collaboration avec l'Université de Mons et l'École de Santé publique de l'ULB, révèle que le manque de connaissance des médecins sur le reflux laryngopharyngé (RLP) entraîne des coûts considérables pour la sécurité sociale belge. Le coût total est estimé entre 359 millions et 1 milliard d'euros par an.

Le RLP est une variante moins connue du reflux gastroesophagien (RGO), une pathologie bien documentée qui touche 20 à 30 % de la population générale. Malgré une prévalence similaire, le RLP reste sous-diagnostiqué, en grande partie à cause de symptômes atypiques (absence de brûlures d'estomac) et de l'inefficacité des traitements traditionnels comme les inhibiteurs de la pompe à protons.

Selon l'étude menée, ce manque de diagnostic approprié conduit à une errance médicale pour les patients, qui subissent de nombreux examens complémentaires inutiles et coûteux. En moyenne, le coût pour la sécurité sociale est de 310 € par patient, auquel s'ajoute un ticket modérateur de 54 € pour le patient. En extrapolant ces résultats à l'ensemble de la population belge, l'impact financier s'élève à une fourchette comprise entre 359 millions et 1 milliard d'euros par an.

Cette étude, la première de son genre en Europe, souligne l'urgence de mieux former les médecins à cette pathologie et de développer des outils cliniques pour faciliter sa détection et son traitement. Le RLP est en effet une maladie dont la fréquence augmente en raison du stress, de l'anxiété et des habitudes alimentaires modernes, faisant peser une charge croissante sur le système de santé belge.

Lien vers l'étude : <https://pubmed.ncbi.nlm.nih.gov/39212703/>

UN NOUVEAU CHAPITRE S'OUVRE À LA FACULTÉ DE MÉDECINE DE L'ULB

Après plus de 4 années à la tête de la Faculté de Médecine de l'Université libre de Bruxelles (ULB), le doyen Nicolas Mavroudakis termine son mandat, laissant derrière lui un héritage marqué par son engagement et sa vision pour l'avenir de l'institution. Comme l'a souligné Pascale Lybaert, vice-doyenne de la Faculté, lors de son discours de départ : « Malgré une alternance de bonnes et plus difficiles situations, Nicolas a toujours gardé le cap, ses objectifs et ses discours toujours apaisants et respectueux de tous. »



La Faculté entame désormais un nouveau chapitre avec l'arrivée de Pierre Wauthy à la fonction de doyen. Chirurgien cardiaque à l'Hôpital universitaire des enfants Reine Fabiola (HUDERF) et ancien vice-doyen de la Faculté, Pierre Wauthy est connu pour son implication dans l'enseignement et la gestion hospitalière. Fort de son expérience, il a officiellement pris ses quartiers, prêt à relever les défis à venir et à poursuivre l'excellence académique et scientifique de l'ULB.

CICATRISATION : COMMENT LA PEAU SE RÉGÈNÈRE ?

Dans une étude publiée dans la revue scientifique *Cell*, des chercheurs dirigés par le Pr Cédric Blanpain, MD/PhD, chercheur du *WEL Research Institute*, directeur du laboratoire des cellules souches et du cancer et professeur à l'Université libre de Bruxelles, ont découvert que la cicatrisation des plaies s'accompagne d'un changement des propriétés physiques de la peau avec un passage de l'état solide à l'état liquide qui est essentiel à la réparation des tissus.

En utilisant des approches multidisciplinaires combinant l'analyse du comportement des cellules souches à une résolution de cellule unique, la modélisation mathématique, les études biophysiques et les expériences fonctionnelles, Rahul Sarate et ses collègues ont étudié les changements des propriétés physiques de la peau pendant la cicatrisation des plaies et les mécanismes moléculaires qui régulent ce processus.

Quelques jours après la blessure, la peau passe d'un état solide à un état plus fluide, permettant aux cellules souches de se déplacer et de réparer le tissu endommagé. Ensuite, la peau retrouve son état solide pour finaliser la cicatrisation.

L'étude démontre que ces transitions physiques sont essentielles pour la guérison. Les chercheurs ont identifié une signature génétique spécifique qui régule ce processus. Le blocage pharmacologique de différents composants de cette signature inhibe fortement la cicatrisation, soulignant l'importance de ces changements physiques pour la réparation des tissus. Ces résultats pourraient mener à de nouveaux traitements pour les plaies chroniques.

(Source : ULB Actus).

PRIX DE LA MEILLEURE PRÉSENTATION DE TFE 2024

Lors du 58^e Congrès des Journées d'Enseignement Postuniversitaire organisé par l'AMUB, deux assistants en Médecine générale se sont partagés le Prix de la meilleure présentation de TFE.

Le Dr Islam Shakhobov a été récompensé pour son travail intitulé « La maladie lithiasique : possibilité d'un suivi en médecine générale ? », et le Dr Naomi Rahmouni pour son travail sur « Le parcours de soins des hommes victimes de violences conjugales ». Ces travaux ont brillamment mis en lumière des thématiques importantes en médecine générale. Félicitations à eux!

Retrouvez leurs abstracts ici :

<https://www.amub-ulb.be/revue-medicale-bruxelles/4540>



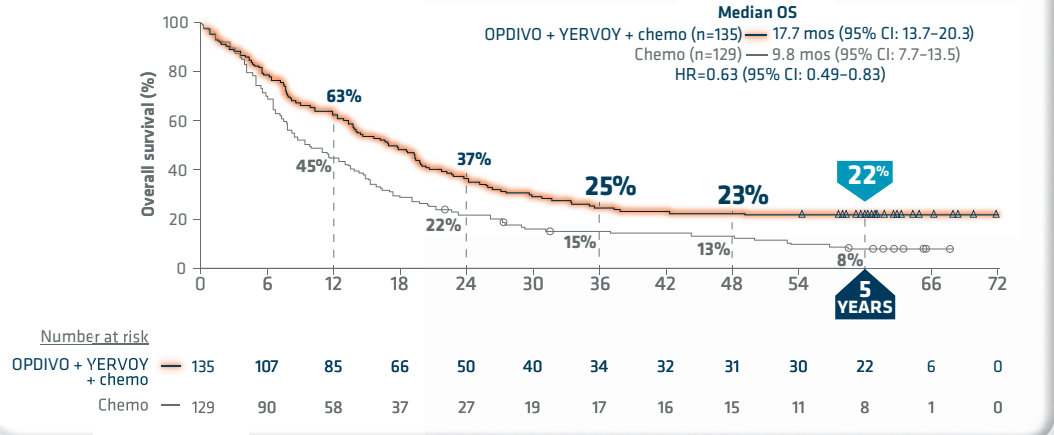
Ex-factory (excl. VAT)		Ex-factory (excl. VAT)
OPDIVO 40 mg	€509,90	YERVOY 50 mg €4.250,00
OPDIVO 100 mg	€1.274,75	YERVOY 200 mg €17.000,00
OPDIVO 120 mg	€1.529,83	
OPDIVO 240 mg	€3.059,65	

1. NAME OF THE MEDICINAL PRODUCT OPDIVO 10 mg/mL concentrate for solution for infusion. **2. QUALITATIVE AND QUANTITATIVE COMPOSITION** Each mL of concentrate for solution for infusion contains 10 mg of nivolumab. One vial of 4 mL contains 40 mg of nivolumab. One vial of 10 mL contains 100 mg of nivolumab. One vial of 12 mL contains 120 mg of nivolumab. One vial of 24 mL contains 240 mg of nivolumab. Nivolumab is produced in Chinese hamster ovary cells by recombinant DNA technology. Excipient with known effect: Each mL of concentrate contains 0.1 mmol (or 2.5 mg) sodium. For the full list of excipients, see section 6.1. **3. PHARMACEUTICAL FORM** Concentrate for solution for infusion (sterile concentrate). Clear to opalescent, colourless to pale yellow liquid that may contain few light particles. The solution has a pH of approximately 6.0 and an osmolality of approximately 340 mOsm/kg. **4. CLINICAL PARTICULARS** **4.1 Therapeutic indications** **Melanoma** OPDIVO as monotherapy or in combination with ipilimumab is indicated for the treatment of advanced (resectable or metastatic) melanoma in adults and adolescents 12 years of age and older. Relative to nivolumab monotherapy, an increase in progression-free survival (PFS) and overall survival (OS) for the combination of nivolumab with ipilimumab is established only in patients with low tumour PD-L1 expression (see sections 4.4 and 5.1). **Adjuvant treatment of melanoma** OPDIVO as monotherapy is indicated for the adjuvant treatment of adults and adolescents 12 years of age and older with Stage IIB or IIC melanoma, or melanoma with involvement of lymph nodes or metastatic disease who have undergone complete resection (see section 5.1). **Non-small cell lung cancer (NSCLC)** OPDIVO in combination with ipilimumab and 2 cycles of platinum-based chemotherapy is indicated for the first-line treatment of metastatic non-small cell lung cancer in adults whose tumours have no sensitising EGFR mutation or ALK translocation. OPDIVO as monotherapy is indicated for the treatment of locally advanced or metastatic non-small cell lung cancer after prior chemotherapy in adults. **Neoadjuvant treatment of NSCLC** OPDIVO in combination with platinum-based chemotherapy is indicated for the neoadjuvant treatment of resectable non-small cell lung cancer at high risk of recurrence in adult patients whose tumours have PD-L1 expression $\geq 1\%$ (see section 5.1 for selection criteria). **Malignant pleural mesothelioma (MPM)** OPDIVO in combination with ipilimumab is indicated for the first-line treatment of adult patients with unresectable malignant pleural mesothelioma. **Renal cell carcinoma (RCC)** OPDIVO as monotherapy is indicated for the treatment of advanced renal cell carcinoma after prior therapy in adults. OPDIVO in combination with ipilimumab is indicated for the first-line treatment of adult patients with intermediate-/poor-risk advanced renal cell carcinoma (see section 5.1). OPDIVO in combination with cabozantinib is indicated for the first-line treatment of adult patients with advanced renal cell carcinoma (see section 5.1). **Classical Hodgkin lymphoma (cHL)** OPDIVO as monotherapy is indicated for the treatment of adult patients with relapsed or refractory classical Hodgkin lymphoma after autologous stem cell transplant (ASCT) and treatment with brentuximab vedotin. **Squamous cell cancer of the head and neck (SCCHN)** OPDIVO as monotherapy is indicated for the treatment of recurrent or metastatic squamous cell cancer of the head and neck in adults progressing on or after platinum-based therapy (see section 5.1). **Urothelial carcinoma** OPDIVO in combination with cisplatin and gemcitabine is indicated for the first-line treatment of adult patients with unresectable or metastatic urothelial carcinoma. OPDIVO as monotherapy is indicated for the treatment of locally advanced unresectable or metastatic urothelial carcinoma in adults after failure of prior platinum-containing therapy. **Adjuvant treatment of urothelial carcinoma** OPDIVO as monotherapy is indicated for the adjuvant treatment of adults with muscle invasive urothelial carcinoma (MIUC) with tumour cell PD-L1 expression $\geq 1\%$, who are at high risk of recurrence after undergoing radical resection of MIUC (see section 5.1). **Mismatch repair deficient (dMMR) or microsatellite instability high (MSH) colorectal cancer (CRC)** OPDIVO in combination with ipilimumab is indicated for the treatment of adult patients with mismatch repair deficient or microsatellite instability high metastatic colorectal cancer after prior fluoropyrimidine based combination chemotherapy (see section 5.1). **Oesophageal squamous cell carcinoma (OSCC)** OPDIVO in combination with ipilimumab is indicated for the first-line treatment of adult patients with unresectable advanced, recurrent or metastatic oesophageal squamous cell carcinoma with tumour cell PD-L1 expression $\geq 1\%$. OPDIVO in combination with fluoropyrimidine- and platinum-based combination chemotherapy is indicated for the first-line treatment of adult patients with unresectable advanced, recurrent or metastatic oesophageal squamous cell carcinoma with tumour cell PD-L1 expression $\geq 1\%$. OPDIVO as monotherapy is indicated for the treatment of adult patients with unresectable advanced, recurrent or metastatic oesophageal squamous cell carcinoma after prior fluoropyrimidine- and platinum-based combination chemotherapy. **Adjuvant treatment of oesophageal or gastro-oesophageal junction cancer (OC or GEJC)** OPDIVO as monotherapy is indicated for the adjuvant treatment of adult patients with oesophageal or gastro-oesophageal junction cancer who have residual pathologic disease following prior neoadjuvant chemotherapy (see section 5.1). **Gastric, gastro-oesophageal junction (GEJ) or oesophageal adenocarcinoma** OPDIVO in combination with fluoropyrimidine- and platinum-based combination chemotherapy is indicated for the first-line treatment of adult patients with HER2-negative advanced or metastatic gastric, gastro-oesophageal junction or oesophageal adenocarcinoma whose tumours express PD-L1 with a combined positive score (CPS) ≥ 5 . **4.2 Posology and method of administration** Treatment must be initiated and supervised by physicians experienced in the treatment of cancer. **PD-L1 testing** If specified in the indication, patient selection for treatment with OPDIVO based on the tumour expression of PD-L1 should be confirmed by a validated test (see sections 4.1, 4.4, and 5.1). **Posology OPDIVO as monotherapy** The recommended dose of OPDIVO is either nivolumab 240 mg every 2 weeks or 480 mg every 4 weeks depending on the indication and population (see sections 5.1 and 5.2), as presented in Table 1. **Table 1: Recommended dose and infusion time for intravenous administration of nivolumab monotherapy** Indication^a: Recommended dose and infusion time Melanoma (advanced or adjuvant treatment) Adults and adolescents (12 years of age and older and weighing at least 50 kg): 240 mg every 2 weeks over 30 minutes or 480 mg every 4 weeks over 60 minutes or over 30 minutes (adjuvant melanoma, see section 5.1) Adolescents (12 years of age and older and weighing less than 50 kg): 3 mg/kg every 2 weeks over 30 minutes or 6 mg/kg every 4 weeks over 60 minutes. Renal cell carcinoma, Muscle invasive urothelial carcinoma (MIUC) (adjuvant treatment): 240 mg every 2 weeks over 30 minutes or 480 mg every 4 weeks over 60 minutes. Oesophageal or gastro-oesophageal junction cancer (adjuvant treatment): 240 mg every 2 weeks over 30 minutes or 480 mg every 4 weeks over 30 minutes for the first 16 weeks, followed by 480 mg every 4 weeks over 30 minutes; Non-small cell lung cancer, Classical Hodgkin lymphoma, Squamous cell cancer of the head and neck, Urothelial carcinoma, Oesophageal squamous cell carcinoma Recommended dose and infusion time: 240 mg every 2 weeks over 30 minutes *As per monotherapy indication in section 4.1. If melanoma, RCC, OC, GEJC or MIUC (adjuvant treatment) patients need to be switched from the 240 mg every 2 weeks schedule to the 480 mg every 4 weeks schedule, the first 480 mg dose should be administered two weeks after the last 240 mg dose. Conversely, if patients need to be switched from the 480 mg every 4 weeks schedule to the 240 mg every 2 weeks schedule, the first 240 mg dose should be administered four weeks after the last 480 mg dose. **OPDIVO in combination with ipilimumab** Melanoma In adults and adolescents 12 years of age and older and weighing at least 50 kg, the recommended dose is 1 mg/kg nivolumab in combination with 3 mg/kg ipilimumab administered intravenously every 3 weeks for the first 4 doses. This is then followed by a second phase in which nivolumab monotherapy is administered intravenously at either 240 mg every 2 weeks or 480 mg every 4 weeks (see sections 5.1 and 5.2), as presented in Table 2. For the monotherapy phase, the first dose of nivolumab should be administered: 3 weeks after the last dose of the combination of nivolumab and ipilimumab if using 240 mg every 2 weeks; or 6 weeks after the last dose of the combination of nivolumab and ipilimumab if using 480 mg every 4 weeks. In adolescents 12 years of age and older and weighing less than 50 kg, the recommended dose is 1 mg/kg nivolumab in combination with 3 mg/kg ipilimumab administered intravenously every 3 weeks for the first 4 doses. This is then followed by a second phase in which nivolumab monotherapy is administered intravenously at either 3 mg/kg every 2 weeks or 6 mg/kg every 4 weeks (see sections 5.1 and 5.2), as presented in Table 2. For the monotherapy phase, the first dose of nivolumab should be administered: 3 weeks after the last dose of the combination of nivolumab and ipilimumab if using 3 mg/kg every 2 weeks; or 6 weeks after the last dose of the combination of nivolumab and ipilimumab if using 6 mg/kg every 4 weeks. **Table 2: Recommended doses and infusion times for intravenous administration of nivolumab in combination with ipilimumab for melanoma** Combination phase, every 3 weeks for 4 dosing cycles Adults and adolescents 12 years of age and older: 1 mg/kg over 30 minutes. Monotherapy phase Adults and adolescents (12 years of age and older and weighing at least 50 kg): 240 mg every 2 weeks over 30 minutes or 480 mg every 4 weeks over 60 minutes; Adolescents (12 years of age and older and weighing less than 50 kg): 3 mg/kg every 2 weeks over 30 minutes or 6 mg/kg every 4 weeks over 60 minutes. **Ipilimumab** Combination phase, every 3 weeks for 4 dosing cycles Adults and adolescents 12 years of age and older: 3 mg/kg over 30 minutes. Malignant pleural mesothelioma The recommended dose is 360 mg nivolumab administered intravenously over 30 minutes every 3 weeks in combination with 1 mg/kg ipilimumab administered intravenously over 30 minutes every 6 weeks. Treatment is continued for up to 24 months in patients without disease progression. **Renal cell carcinoma and dMMR or MSH colorectal cancer** The recommended dose is 3 mg/kg nivolumab in combination with 1 mg/kg ipilimumab administered intravenously every 3 weeks for the first 4 doses. This is then followed by a second phase in which nivolumab monotherapy is administered intravenously at either 240 mg every 2 weeks or 480 mg every 4 weeks (RCC only), as presented in Table 3. For the monotherapy phase, the first dose of nivolumab should be administered: 3 weeks after the last dose of the combination of nivolumab and ipilimumab if using 240 mg every 2 weeks; or 6 weeks after the last dose of the combination of nivolumab and ipilimumab if using 480 mg every 4 weeks (RCC only). **Table 3: Recommended doses and infusion times for intravenous administration of nivolumab in combination with ipilimumab for RCC and dMMR or MSH CRC** Nivolumab Combination phase, every 3 weeks for 4 dosing cycles: 3 mg/kg over 30 minutes Monotherapy phase: 240 mg every 2 weeks over 30 minutes or 480 mg every 4 weeks over 60 minutes (RCC only) Ipilimumab Combination phase, every 3 weeks for 4 dosing cycles: 1 mg/kg over 30 minutes. **Oesophageal squamous cell carcinoma** The recommended dose is either 3 mg/kg nivolumab every 2 weeks or 360 mg nivolumab every 3 weeks administered intravenously over 30 minutes in combination with 1 mg/kg ipilimumab administered intravenously over 30 minutes every 6 weeks. Treatment is recommended until disease progression, unacceptable toxicity, or up to 24 months in patients without disease progression. **OPDIVO in combination with cabozantinib** Renal cell carcinoma The recommended dose is nivolumab administered intravenously at either 240 mg every 2 weeks or 480 mg every 4 weeks in combination with 40 mg cabozantinib administered orally every day. **Table 4: Recommended doses and infusion times for intravenous administration of nivolumab in combination with oral administration of cabozantinib for RCC** Nivolumab Combination phase: 240 mg every 2 weeks over 30 minutes or 480 mg every 4 weeks over 60 minutes Cabozantinib Combination phase: 40 mg once daily. **OPDIVO in combination with ipilimumab and chemotherapy** Non small cell lung cancer The recommended dose is 360 mg nivolumab administered intravenously over 30 minutes every 3 weeks in combination with 1 mg/kg ipilimumab administered intravenously over 30 minutes every 6 weeks, and platinum-based chemotherapy administered every 3 weeks. After completion of 2 cycles of chemotherapy, treatment is continued with 360 mg nivolumab administered intravenously every 3 weeks in combination with 1 mg/kg ipilimumab every 6 weeks. Treatment is recommended until disease progression, unacceptable toxicity, or up to 24 months in patients without disease progression. **OPDIVO in combination with chemotherapy** Neoadjuvant treatment of non-small cell lung cancer The recommended dose is 360 mg nivolumab administered intravenously over 30 minutes in combination with platinum-based chemotherapy every 3 weeks for 3 cycles (see section 5.1). **Oesophageal squamous cell carcinoma** The recommended dose of nivolumab is 240 mg every 2 weeks or 480 mg every 4 weeks administered intravenously over 30 minutes in combination with fluoropyrimidine- and platinum-based chemotherapy (see section 5.1). **Treatment with nivolumab is recommended until disease progression, unacceptable toxicity, or up to 24 months in patients without disease progression.** Gastric, gastro-oesophageal junction or oesophageal adenocarcinoma The recommended dose is 360 mg nivolumab administered intravenously over 30 minutes in combination with fluoropyrimidine- and platinum-based chemotherapy administered every 3 weeks or 240 mg nivolumab administered intravenously over 30 minutes in combination with fluoropyrimidine- and platinum-based chemotherapy administered every 2 weeks (see section 5.1). Treatment with nivolumab is recommended until disease progression, unacceptable toxicity, or up to 24 months in patients without disease progression. **First-line treatment of unresectable or metastatic urothelial carcinoma** The recommended dose is 360 mg nivolumab administered intravenously over 30 minutes in combination with cisplatin and gemcitabine every 3 weeks for up to 6 cycles followed by nivolumab monotherapy administered intravenously at either 240 mg every 2 weeks over 30 minutes or 480 mg every 4 weeks over 30 minutes (see section 5.1). Treatment with nivolumab is recommended until disease progression, unacceptable toxicity, or up to 24 months from first dose, whichever comes first. **Duration of treatment** Treatment with OPDIVO, either as a monotherapy or in combination with ipilimumab or other therapeutic agents, should be continued as long as clinical benefit is observed or until treatment is no longer tolerated by the patient (and up to maximum duration of therapy if specified for an indication). For adjuvant therapy, the maximum treatment duration with OPDIVO is 12 months. For OPDIVO in combination with cabozantinib, OPDIVO should be continued until disease progression, unacceptable toxicity, or up to 24 months in patients without disease progression. Cabozantinib should be continued until disease progression or unacceptable toxicity. Refer to the Summary of Product Characteristics (SmPC) for cabozantinib. Atypical responses (i.e., an initial transient increase in tumour size or small new lesions within the first few months followed by tumour shrinkage) have been observed. It is recommended to continue treatment with nivolumab or nivolumab in combination with ipilimumab for clinically stable patients with initial evidence of disease progression until disease progression is confirmed. Dose escalation or reduction is not recommended for OPDIVO as monotherapy or in combination with other therapeutic agents. Dosing delay or discontinuation may be required based on individual safety and tolerability. Guidelines for permanent discontinuation or withholding of doses are described in Table 5. Detailed guidelines for the management of immune-related adverse reactions are described in section 4.4. When nivolumab is administered in combination with other therapeutic agents, refer to the SmPC of these other combination therapeutic agents regarding dosing. **Table 5: Recommended treatment modifications for OPDIVO or OPDIVO in combination** Immune-related pneumonitis Severity: Grade 2 pneumonitis Treatment modification: Withhold dose(s) until symptoms resolve, radiographic abnormalities improve, and management with corticosteroids is complete Severity: Grade 3 or 4 pneumonitis Treatment modification: Permanently discontinue treatment Immune-related colitis Severity: Grade 2 diarrhoea or colitis Treatment modification: Withhold dose(s) until symptoms resolve and management with corticosteroids is complete Severity: Grade 3 diarrhoea or colitis - OPDIVO monotherapy Treatment modification: Withhold dose(s) until symptoms resolve and management with corticosteroids is complete - OPDIVO-ipilimumab Treatment modification: Permanently discontinue treatment Severity: Grade 4 diarrhoea or colitis Treatment modification: Permanently discontinue treatment Immune-related hepatitis Severity: Grade 2 elevation in aspartate aminotransferase (AST), alanine aminotransferase (ALT), or total bilirubin Treatment modification: Withhold dose(s) until laboratory values return to baseline and management with corticosteroids, if needed, is complete Severity: Grade 3 or 4 elevation in AST, ALT, or total bilirubin Treatment modification: Permanently discontinue treatment. **NOTE:** For RCC patients treated with OPDIVO in combination with cabozantinib with liver enzyme elevations, see dosing guidelines following this table. Immune-related nephritis and renal dysfunction Severity: Grade 2 or 3 creatinine elevation Treatment modification: Withhold dose(s) until creatinine returns to baseline and management with corticosteroids is complete Severity: Grade 4 creatinine elevation Treatment modification: Permanently discontinue treatment Immune-related endocrinopathies Severity: Symptomatic Grade 2 or 3 hypothyroidism, hyperthyroidism, hypophysitis, Severity: Grade 2 adrenal insufficiency Severity: Grade 3 diabetes Treatment modification: Withhold dose(s) until symptoms resolve and management with corticosteroids (if needed for symptoms of acute inflammation) is complete. Treatment should be continued in the presence of hormone replacement therapy^a as long as no symptoms are present Severity: Grade 4 hypothyroidism Severity: Grade 4 hyperthyroidism Severity: Grade 3 or 4 adrenal insufficiency Severity: Grade 4 diabetes Treatment modification: Permanently discontinue treatment Immune-related skin adverse reactions Severity: Grade 3 rash Treatment modification: Withhold dose(s) until symptoms resolve and management with corticosteroids is complete Severity: Grade 4 rash Treatment modification: Permanently discontinue treatment Severity: Stevens-Johnson syndrome (SJS) or toxic epidermal necrolysis (TEN) Treatment modification: Permanently discontinue treatment (see section 4.4) Immune-related myocarditis Severity: Grade 2 myocarditis Treatment modification: Withhold dose(s) until symptoms resolve and management with corticosteroids is complete Severity: Grade 3 or 4 myocarditis Treatment modification: Permanently discontinue treatment **Other immune-related adverse reactions** Severity: Grade 3 (first occurrence) Treatment modification: Withhold dose(s) Severity: Grade 4 or recurrent Grade 3; persistent Severity: Grade 2 or 3 treatment modification; inability to reduce corticosteroid dose to 10 mg prednisone or equivalent per day Treatment modification: Permanently discontinue treatment Note: Toxicity grades are in accordance with National Cancer Institute Common Terminology Criteria for Adverse Events Version 4.0 (NCI-CTCAE v4). ^a During administration of the second phase of treatment (nivolumab monotherapy) following combination treatment, permanently discontinue treatment if Grade 3 diarrhoea or colitis occurs. ^b Recommendation for the use of hormone replacement therapy is provided in section 4.4. ^c The safety of re-initiating nivolumab or nivolumab in combination with ipilimumab therapy in patients previously experiencing immune-related myocarditis is not known. OPDIVO as monotherapy or in combination with other therapeutic agents should be permanently discontinued for: Grade 4 or recurrent Grade 3 adverse reactions; Persistent Grade 2 or 3 adverse reactions despite management. Patients treated with OPDIVO must be given the patient alert card and be informed about the risks of OPDIVO (see also package leaflet). When OPDIVO is administered in combination with ipilimumab, if either agent is withheld, the other agent should also be withheld. If dosing is resumed after a delay, either the combination treatment or OPDIVO monotherapy could be resumed based on the evaluation of the individual patient. When OPDIVO is administered in combination with chemotherapy, refer to the SmPC of the other combination therapy agents regarding dosing. If any agents are withheld, the other agents may be continued. If dosing is resumed after a delay, either the combination treatment, OPDIVO monotherapy or chemotherapy alone could be resumed based on the evaluation of the individual patient. **OPDIVO in combination with cabozantinib in RCC** When OPDIVO is used in combination with cabozantinib, the above treatment modifications in Table 5 also apply to the OPDIVO component. In addition, for liver enzyme elevations, in patients with RCC being treated with OPDIVO in combination with cabozantinib: - If ALT or AST > 3 times ULN but ≤ 10 times ULN without concurrent total bilirubin ≥ 2 times ULN, both OPDIVO and cabozantinib should be withheld until these adverse reactions recover to Grades 0-1. Corticosteroid therapy may be considered. Rechallenge with a single medicine or rechallenge with both medicines after recovery may be considered. If rechallenging with cabozantinib, refer to cabozantinib SmPC. - If ALT or AST > 10 times ULN or > 3 times ULN with concurrent total bilirubin ≥ 2 times ULN, both OPDIVO and cabozantinib should be permanently discontinued and corticosteroid therapy may be considered. **Special populations** Paediatric population The safety and efficacy of OPDIVO in children below 18 years of age have not been established except in adolescents 12 years of age and older with melanoma. Currently available data of OPDIVO as monotherapy or in combination with ipilimumab are described in sections 4.2, 4.8, 5.1 and 5.2. **Elderly** No dose adjustment is required for elderly patients (≥ 65 years) (see section 5.2). **Renal impairment** Based on the population pharmacokinetic (PK) results, no dose adjustment is required in patients with mild or moderate renal impairment (see section 5.2). Data from patients with severe renal impairment are too limited to draw conclusions on this population. **Hepatic impairment** Based on the population PK results, no dose adjustment is required in patients with mild hepatic impairment (see section 5.2). Data from patients with moderate or severe hepatic impairment are too limited to draw conclusions on these populations. OPDIVO must be administered with caution in patients with moderate (total bilirubin $> 1.5 \times$ to $< 3 \times$ the upper limit of normal [ULN] and any AST) or severe (total bilirubin $> 3 \times$ ULN and any AST) hepatic impairment. **Method of administration** OPDIVO is for intravenous use only. It is to be administered as an intravenous infusion over a period of 30 or 60 minutes depending on the dose (see Tables 1, 2, 3 and 4). The infusion must be administered through a sterile, non-pyrogenic, low protein binding in-line filter with a pore size of 0.2-1.2 μ m. OPDIVO must not be administered as an intravenous push or bolus injection. The total dose of OPDIVO required can be infused directly as a 10 mg/mL solution or can be diluted with sodium chloride 9 mg/mL (0.9%) solution for injection or glucose 50 mg/mL (5%) solution for injection (see section 6.6). When administered in combination with ipilimumab and/or chemotherapy, OPDIVO should be given first followed by ipilimumab (if applicable) and then by chemotherapy on the same day. Use separate infusion bags and filters for each solution. For instructions on the preparation and handling of the medicinal product before administration, see section 6.6. **4.3 Contraindications** Hypersensitivity to the active substance or to any of the excipients listed in section 6.1. **4.8 Undesirable effects** Nivolumab as monotherapy

OPDIVO[®] (nivolumab) + **YERVOY**[®] (ipilimumab)
+ 2 cycles of chemotherapy

1L mNSCLC

OS in patients with PD-L1 < 1%¹



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